



GETTING TO THE ROOT OF THE MATTER

Healthy Roots

September 2019

NEW PRODUCTS!



Adaptiv Essential oil:

This oil is perfect for life's most stressful moments. Adaptiv Calming Blend helps improve sustained attention while easing the body and mind. Lavender, Magnolia, Neroli, and Sweetgum provide stress-relieving effects while Wild Orange and Spearmint energize and uplift. Copaiba and Rosemary soothe anxious feelings to round out the calming blend. Whether you're feeling fatigued or restless, indecisive or irritable, Adaptiv Calming Blend is part of the toolbox to help the body and mind to stay balanced. Available October 1st.



Adaptiv Capsules:

These Capsules combine the soothing benefits of specifically selected CPTG® essential oils with clinically studied botanicals. A supportive and relaxing formula, this proprietary blend of ingredients helps empower and encourage when adapting to stressful situations or acclimating to new surroundings. The Calming Capsules are one of the best tools available to help manage the effects of everyday tension, anxious feelings, uneasiness, and worry. Available Oct. 1st.



Adaptiv Touch oil:

This oil is an on-the-go solution to life's stressful moments. Feelings of restlessness, being wound-up, or on edge happen to everyone from time to time, adapt and center with the help of this Calming Blend. Available Oct. 1st.



Black Spruce oil:

A powerful wood essential oil, Black Spruce is distilled from the needles and branches of the Picea Mariana tree. Known to create a relaxing atmosphere, start your day off with the cooling and soothing benefits of Black Spruce. Co-impact sourced from Canada. Available Oct. 1st.



Celery Seed oil:

Sourced from the celery plant, Celery Seed essential oil improves digestion when taken internally. * It is soothing to the skin and adds to a comforting after-work-out massage. Available Oct. 1st.

**Citronella oil:**

Citronella is a tall grass grown in Asia with a crisp, fresh aroma. It is soothing to the skin and creates an uplifting atmosphere. Citronella essential oil is a known powerful insect repellent and an ideal companion during outdoor activities. Available Oct. 1st.

**Rose oil:**

Known as the "Queen of Oils," Rose oil is highly sought after for its aroma and powerful topical and emotional benefits. The floral aroma is comforting & the oil, used topically, helps promote healthy-looking skin. Available Oct. 1st.

**Volo Marble Diffuser:**

The beautiful doTERRA Volo Ultrasonic Diffuser comes in onyx and marble finishes, perfect for any room in the home. The Volo has a handcrafted polyresin stone top with a custom diamond pattern and features optional light settings: light-free, warm, and bright amber ambient light settings. This unique diffuser has a customizable output with multiple time settings—one, three, six hours or continuously up to 14 hours--allowing the ability to customize the release of CPTG Certified Pure Therapeutic Grade® essential oils into the air. Available Oct. 1st.

**Lemon Eucalyptus oil:**

Lemon Eucalyptus is derived from a lemon-scented blue gum eucalypti plant, a tall tree with smooth bark. With many topical benefits, Lemon Eucalyptus provides powerful antioxidant support to the skin. Co-impact sourced from Kenya. Available Oct. 1st.

**Tamer digestive touch oil:**

Made for kids of all ages, the unique combination of essential oils in Tamer Digestive Blend soothes and cools while providing a pleasant, universally appealing aroma. Available Oct. 1st.

**Volo Onyx Diffuser:**

The beautiful doTERRA Volo Ultrasonic Diffuser comes in onyx and marble finishes, perfect for any room in the home or office. The Volo has a handcrafted polyresin stone top with a custom diamond pattern and features optional light settings: light-free, warm, and bright amber ambient light settings. This unique diffuser has a customizable output with multiple time settings—one, three, six hours or continuously up to 14 hours--allowing the ability to customize the release of CPTG Certified Pure Therapeutic Grade® essential oils into the air. Available Oct. 1st.

**Peppermint softgels:**

The doTERRA Peppermint Softgels encapsulate Certified Pure Therapeutic Grade CPTG® Peppermint essential oil in an enteric coated softgel to provide digestive relief to the lower intestines thereby improving overall digestive health and ultimately whole body wellness.* Available Oct. 1st.

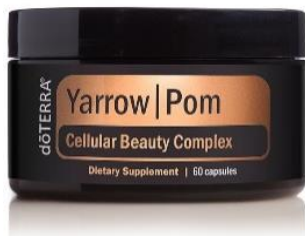
**Turmeric Capsules:**

doTERRA is the first to combine CPTG Certified Pure Therapeutic Grade® Turmeric essential oil and Turmeric extract in a dual chamber capsule, creating a uniquely powerful synergy of tumerones and curcuminoids, in order to maximize the effectiveness and benefits of both compounds for a healthy inflammatory response.* Available Oct. 1st.



Yarrow pom body renewal serum:

This luxuriously silky serum is packed with powerful bioactive compounds and skin-protecting proteins that promote the appearance of firmer, smoother, younger-looking skin. Available January 1, 2020.



Yarrow Pom capsules:

The Yarrow|Pom Cellular Beauty Complex combines clinically studied extracts and a powerful blend of CTPG® essential oils to provide powerful antioxidant support for healthy, luminous skin with an irresistible glow from the inside out. Available January 2020.

September Promotion



Upcoming events...



Welcome to the NEW At Home With Homeopathy, where Sarah from Healthy Roots and Kelly from Healthy Trails are coming together to bring to you an introduction to using homeopathic remedies at home, and how to use them safely with essential oils.

Date: Monday, October 14th

Time: 6:30-8pm

Location: 8982 Morning Glory Farms Rd
Laurel, DE

Cost: \$30

Includes: a homeopathy kit especially designed for your family. Lots of giveaways and helpful tips.

HOW TO USE

thyme



Take internally for an immune boost

Use as a natural insect repellent

Add a drop to a savory dish for a burst of flavor

EMOTIONAL BENEFITS OF

THYME

Reduces negativity and opens the heart

Helps resolve suppressed emotions

Encourages love & forgiveness



autumn like

+ 4 DROPS CYPRESS

+ 2 DROPS DOUGLAS FIR

+ 2 DROPS SANDALWOOD

Wishing you a beautiful Fall season....

Sarah Peterson

ND, BCHHP

302-448-0009

healthyrootsgroup@gmail.com

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