



GETTING TO THE ROOT OF THE MATTER

Healthy Roots

March 2019

Upcoming Class



Saturday, March 16th, 2019
Symphony of Cells Training

Location: Cindy Williams home
 24126 Shufelt Road
 Seaford, DE 19973

Time: 9:00am – 2:00pm

Fee: \$75 (includes Training materials)

Register at: <https://bit.ly/2SXu21Y>

Instructor: Sarah Peterson

Come experience the power of essential oils with the Symphony of cells technique training. Symphony of the Cells™ is a collection of massage protocols formulated by Boyd Truman to create harmony physically, emotionally and spiritually within the body. Each protocol is specific to a system of the body allowing you to target ailments.

Product Spotlight



The doTERRA Yarrow/Pomegranate Active Botanical Nutritive Duo is a unique blend of Yarrow essential oil and Pomegranate seed

oil. This essential oil offers significant benefits for the skin, body, and emotions. This proprietary blend has been carefully crafted to provide benefits related to the aging process, feelings of vitality, and overall wellness.

Yarrow/Pom Oil Uses and Benefits:

- This oil helps calm the body and mind. Try diffusing or put a drop in the palm of your hand, rub the hands together, place the hands over the nose, and inhale deeply.
- It contains many internal benefits, including powerful antioxidant support, healthy metabolic function support, and benefits for the cells. When taken internally, Yarrow/Pom oil can help to provide the body with useful antioxidants, promote a healthy metabolism, and restore youthful vitality.
- Due to the chemical makeup of the oil, it is useful for promoting cellular, immune, and nervous system health. To promote a healthy immune response, consider taking one to two drops of Yarrow/Pom daily by adding the oil to at least four fluid ounces, and swallowing.

Sarah Peterson, ND, BCHHP


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www.healthyroots.info

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March Promotions

Happy March!

During the month of March, when you place an LRP order of 125 PV or greater before March 15, you will receive Lemongrass 15 mL FREE! You can also purchase Mito2Max® all month long at a discount of 10% off.



Earn a FREE Deep Blue® Rub and Deep Blue 5 mL by placing any single 200 PV order from March 1 through March 31.

Limit of four per account, per household.
 Limit one free item per order.

