



GETTING TO THE ROOT OF THE MATTER

# Healthy Roots

## January 2020

### Upcoming events...



#### Zyto Health Scans

**Date:** Tuesday, January 14<sup>th</sup>

**Time:** 6-8pm

**Location:** 24126 Shufelt Rd., Seaford, DE 19973

**Cost:** \$10 for advocates or \$15 for non-advocates

**Register with Cindy at:** 302-245-9571



#### 101: All about Essential Oils

**Date:** Friday, January 24<sup>th</sup>

**Time:** 7-9pm

**Location:** 15 Hidden Hills Dr., Seaford, DE 19973

**Register with Cindy at:** 302-245-9571



### At Home With Homeopathy

Join Sarah from Healthy Roots and Kelly from Healthy Trails for a FUN, hands-on make-n-take class on the benefits of Homeopathy & Essential oils for Pain. Each attendee will create 1 rollerball and receive 3 Homeopathy remedies that can be used to support the body when experiencing pain or cramping. Each attendee will receive class notes as well.

**Date:** Saturday, January 25<sup>th</sup>

**Time:** 10am

**Location:** 8982 Morning Glory Farms Rd., Laurel, DE 19956

**Cost:** \$35

### January Promotions

In the month of January, when you place an LRP order of 125 PV or greater before January 15<sup>th</sup>, you will receive a 5ml bottle of Hinoki essential oil for FREE!



Plus, for the month of January you can purchase Slim & Sassy Softgels at a discount of 10% off.



#### Rollerball Wellness Make-n-take

**Date:** Thursday, January 16<sup>th</sup>

**Time:** 6:30-8:30pm

**Location:** 24126 Shufelt Rd., Seaford, DE 19973

**Cost:** \$5 for each rollerball

**Register with Cindy at:** 302-245-9571

## aromatouch<sup>®</sup> TECHNIQUE



The AromaTouch Technique<sup>®</sup> is the application of essential oil to the back and feet. This technique combines the unique benefits of human touch with the power of essential oils to create an overall wellness experience. The essential oils used in the AromaTouch Technique were chosen for their individual and combined aromatic properties.

"The AromaTouch Technique was developed to maximize the benefits of essential oils. Its powerful benefits can be effectively delivered equally well by both the novice essential oil enthusiast and the professional health practitioner." – Dr. David K. Hill

There is no better way to learn the AromaTouch Technique than at a Certification Course. Join us on February 22, 2020, from 9am-4pm in Seaford, DE. The cost of the class is \$149. A \$50 deposit is due at the time of registration, and the remaining \$99 balance is due at the door.



In the first half of the class, you will be educated on the WHAT, WHY, and HOW of the AromaTouch Technique through a presentation.



You will also see a step-by-step demo of the full technique and the AromaTouch hand technique.



During the last half of the class, you will have the opportunity to observe, receive, and give the AromaTouch Technique while under the guidance and direction of a Certified AromaTouch Technique Trainer.



### WHAT'S INCLUDED:

For \$149.00, you receive the following:

- 3 Hours of Personalized Instruction from Certified AromaTouch Technique Instructor, Virginia Hume
- 3 Hours of Practical Application
- AromaTouch Technique Oils (5 mL): doTERRA Balance<sup>®</sup>, Lavender, Melaleuca, doTERRA On Guard<sup>®</sup>, AromaTouch<sup>®</sup>, Deep Blue<sup>®</sup>, Wild Orange, and Peppermint (\$146.67 Retail Value)
- AromaTouch Technique Training Manual
- AromaTouch Technique Certificate

**Register today for the Aromatouch Technique class at:**

<https://bit.ly/2Qsgzcc> or by calling Cindy Williams at: 302-245-9571

\*Please bring: a lunch, robe, button-up shirt and a drink.



Wishing you a beautiful start to your New Year! Happy 2020!

*Sarah Peterson*

ND, BCHHP

302-448-0009

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